

Take Control of your Career; Discover the “Unique You”

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Set yourself apart; Discover and celebrate the “Unique You”

To be truly successful and fulfilled in your career, and life in general, you must uncover your passion, your true talents - the “unique you”.

What is your passion?
What are your talents?
What are you true drivers and skills you excel at?
What work environment best suits you?
How does work fit into your life?

Once discovered, the “Unique You” will emerge in all areas of your life.

Because we cannot be truly self-objective, finding the “Unique You” can be a challenge. To discover it, you need ongoing honest and unbiased feedback and guidance. You need a variety of people, each with a different outlook.

Discovering the “Unique You” Sources of guidance & support

Friends, spouses and significant others can be tremendous motivators and sources of support, however, as supportive as they are, they can be reluctant to be all-out honest for fear of hurting your feelings. In most cases they are so close they can't see the forest for the trees. Often their advice is taken as criticism. “Oh yeah, thanks a lot, how long have you been saving that one?”

Other sources

There are an infinite number of personality and aptitude tests available to access and highlight our strengths and weaknesses; however, as human beings, for the most part, we tend to put more value in the strengths. We either ignore or minimize the weaknesses.

We can justify the latter as either a miscalculated score or representative of someone we know. Even as career coaches, we cannot **self-coach** because we cannot be truly self-objective. You need at least one person you see all the time, someone who's a great listener and who allows you to make your decision. You're not asking that person to make the decision. You're asking them to listen and to help you with your decision process.

Benefits of discovering the “Unique You”

“Find a job you love and you'll never work another day in your life.”

Most people spend about 25 percent of their adult lives working. If you enjoy what you do, you're lucky. But if you're the proverbial square peg — and your job is a round hole, job stress hurts your productivity and can take a serious toll on your mind and body — and ultimately your health.

Better Jobs for the Rest of your Life

People don't stay in one job for long anymore. The odds are that you will change jobs. In the job market it is imperative that you put your best foot forward each step of the way. Once you've discovered your true drivers you will seek out employers and obtain jobs that will welcome and celebrate the “Unique You”

Don't you deserve to be fulfilled in your career?

Set yourself a part. Discover and celebrate the “Unique You”

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